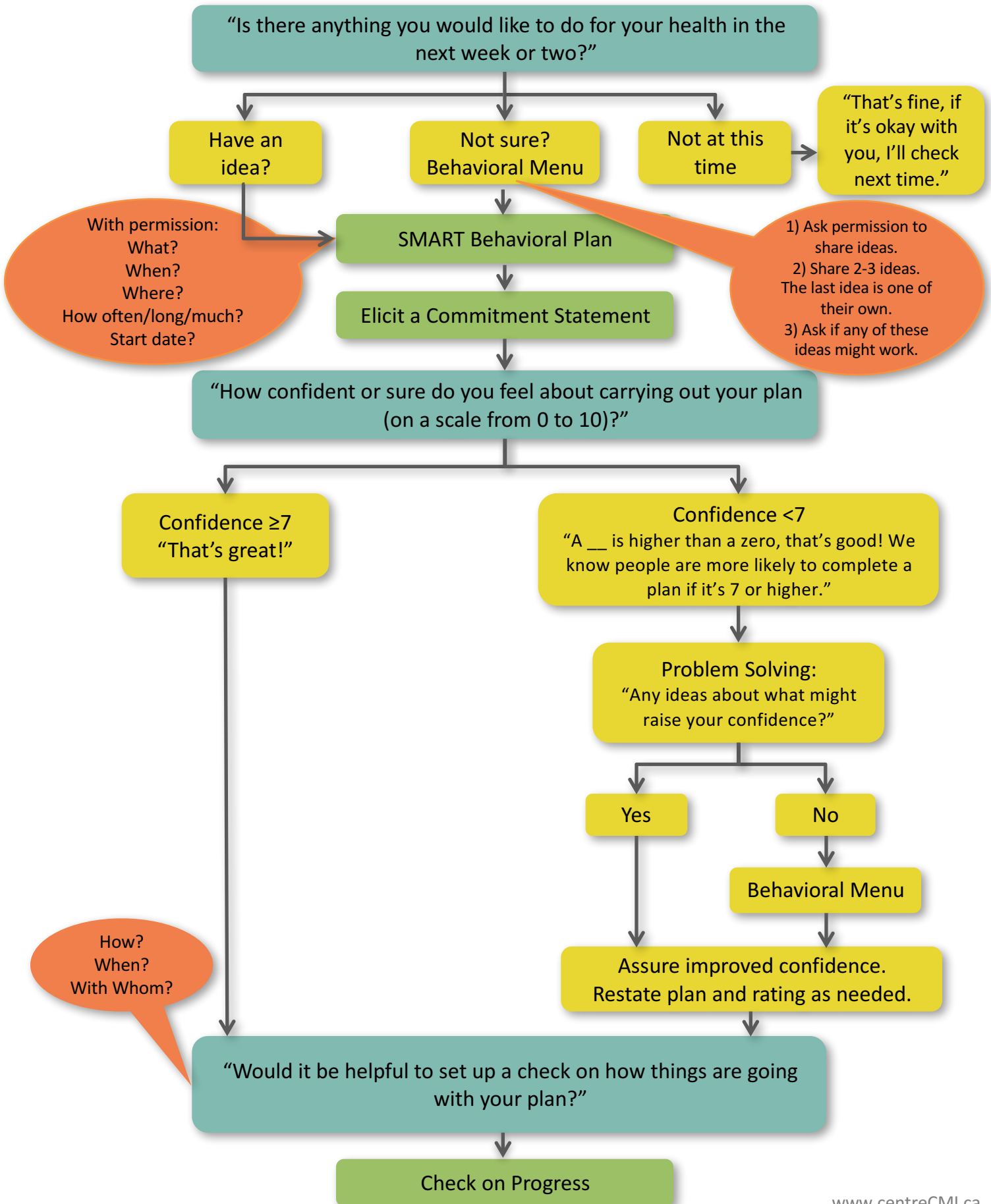
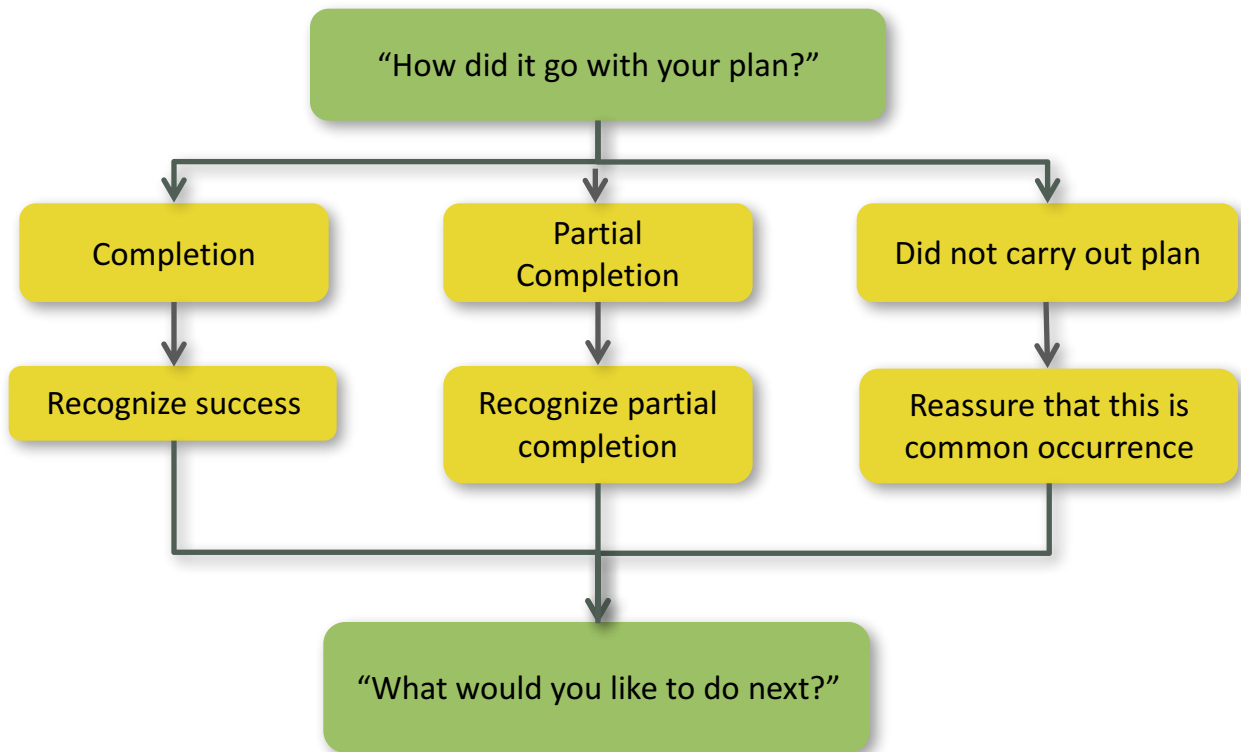


Brief Action Planning Flow Chart

Developed by Steven Cole, Damara Gutnick,
Connie Davis, Kathy Reims



Checking on the Brief Action Plan



The Spirit of Motivational Interviewing is the foundation of Brief Action Planning

- Compassion:** Caring what is important to another person and feeling moved to help.
- Acceptance:** Respecting another person and their right to change or not to change.
- Partnership:** Working together with another person and recognizing them as equal.
- Evocation:** Bringing out another's ideas, strengths and knowledge about the situation and themselves. This can include encouraging to explore.

Adapted from Miller W, Rollnick S. Motivational Interviewing:
Preparing People for Change, 3ed. 2012.

Note: This flow chart provides prompts for those familiar with BAP and is intended to be used with the BAP Guide which contains critical information not detailed on the flow chart.

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8 Aug 2016