

Brief Action Planning (BAP) Videos
Musculoskeletal Conditions: OA, LBP, RA
Questions for Discussion

Possible questions for discussion:

Spirit of Motivational Interviewing (MI)

1. How was the Spirit of MI (Compassion, Acceptance, Partnership, Evocation) demonstrated in the video?
2. Were there other ways the clinician could have demonstrated the Spirit of MI?
3. Was there anything in the video that violated the Spirit of MI?
4. Which aspect of the Spirit of MI is hardest to do in your practice?

The BAP principles, process and transitioning to Brief Action Planning

1. What did you like about what the physician or NP did while using BAP? If so, why?
2. Where there things you thought the physician or NP could have done better? If so, what and how?
3. Which situations or patients would you consider using BAP for?
4. What statement or question could the practitioner ask to lead into Brief Action Planning?
5. What could you do if the patient said they weren't interested when you asked Question 1?
6. What could you do if the patient responded to Q1 with a long list of issues?
7. What could you do if the patient responded to Q1 with a crisis?
8. What is the goal of Brief Action Planning?
9. How else could you do follow up for BAP?
10. How can you optimize FFS billing for BAP and follow-up calls?
11. Who in the office could be doing BAP with patients?
12. How will you share the patient's goals in a team?
13. How will you document the patient's goals for a team to see?
14. What resources are there in your community for action planning with patients?
15. Simple action planning takes about 3 minutes. If additional skills are used it takes ~5 minutes. How often would it be possible to do this? What ways are there to work this into practice?
16. What tools can you give patients so they can continue to make action plans on their own?