

BAP Community of Practice
Connie Davis connie.davis@centreCMI.ca
30 Jan 2015

# WHAT DOES THE RIDER, THE ELEPHANT AND THE PATH HAVE TO DO WITH CHANGE?

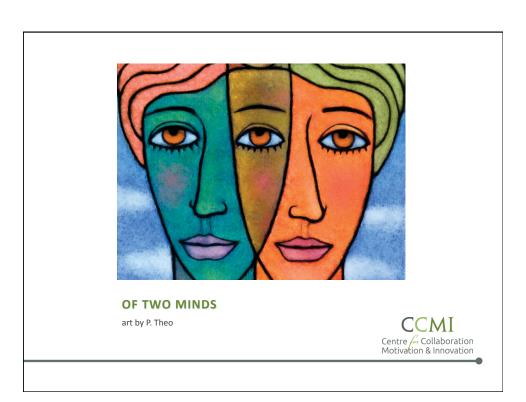


# **SETTING THE STAGE**

- We are all experts in change!
- Social changes
- > Organizational changes
- > Personal changes









A STORY ABOUT CHANGE

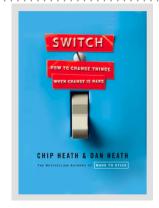
Georgina riding an elephant in India



Jonathan Haidt, The Happiness Hypothesis as told in Switch, by Chip and Dan Heath

# **SWITCH** HOW TO CHANGE THINGS WHEN CHANGE IS HARD

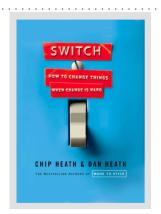
- Direct the Rider
- > Motivate the Elephant
- > Shape the Path



CCMI
Centre Collaboration
Motivation & Innovation

#### "SWITCH: HOW TO CHANGE THINGS WHEN CHANGE IS HARD"

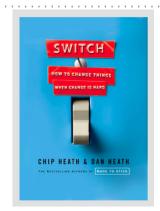
- Direct the Rider
  - > Find the bright spots
  - > Script the critical moves
  - > Point to the destination
- Motivate the Elephant
- > Shape the Path





## "SWITCH: HOW TO CHANGE THINGS WHEN CHANGE IS HARD"

- Direct the Rider
- > Motivate the Elephant
  - > Find the feeling
  - > Shrink the change
  - > Grow your people
- > Shape the Path





## "SWITCH: HOW TO CHANGE THINGS WHEN CHANGE IS HARD"

- Direct the Rider
- > Motivate the Elephant
- > Shape the Path
  - > Tweak the environment
  - > Build habits
  - > Rally the herd



CCMI
Centre of Collaboration
Motivation & Innovation



#### **REFLECTIONS**

Thacker Marsh, Hope BC by C Davis

