

MI Practice and Feedback Overview

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Part of your training involves participating in motivational interviewing practice and feedback videoconference sessions calls to practice applying the knowledge and skills that you have learned. These calls are optional, but are highly encouraged.



What to expect

Examples of how you may choose to spend your time include:

1. **Clarification of a topic:** Learn more about information covered in your workshop or online course. You will receive a short description or demonstration, have an opportunity to briefly discuss the topic, practice and get feedback on skills as needed.
2. **Case study:** Bring a situation with a patient or client that you would like to discuss. This would be a situation where you might be “stuck” or would benefit from a new perspective and how to apply what you learned from your workshop or online course. Be prepared to describe the situation. The group will discuss the situation and the principles or skills that might apply and practice and get feedback on skills as needed.
3. **Role play:** The CCMI trainer will play a patient or client and you will have an opportunity to practice your skills and then receive feedback from your group members and the trainer. You may want to focus on a particular skill, such as “I’d like to work on complex reflections.”
4. **Real play:** The CCMI trainer will discuss an area of their own lives that they are ambivalent about. Ask an open-ended question to start the discussion like “What would you like to talk about today?” You will use your MI OARS (open-ended questions, affirmations, reflections & summaries) to support them through the conversation. A feedback sandwich will be used to provide feedback.
5. **Your idea:** You may have an additional way that you would like to spend your time working with a knowledgeable trainer and your peers.